



WIRELINE

Issue: October, 2006

Website: <http://www.norfolkanglersclub.com/>

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Norfolk Anglers Club
PO Box 8422
Norfolk, VA 23503-0422

Coming Events

Next Meeting: Mon., October 9th, 7 pm

Location: Martins Restaurant, Bayview Blvd., near Tidewater Dr. in Norfolk

Map:

<http://maps.google.com/maps?f=l&hl=en&q=Martins+Restaurant&near=norfolk,Va.23503&btnG=Search&ll=36.933102,-76.256211&spn=0.012006,0.019956>

Guest Speaker: Kayak Kevin Whitley – Life experiences on a Kayak, including Catching Quality Fish, traveling the East Coast and fending off a shark attack. See Kevin's Impressive Bio Below.



Kevin's 1st Place Tournament Sheep Citation

Tournament Trails: None at this time

NAC Officers

President:	Tim Colon	plumb-bob@cox.net
Vice President:	Dr Ike Eisenhower	jeisenhower2@cox.net
Treasurer:	Darryl Schmitt	ds422@aol.com
Secretary:	Brian Hodson	brian@thehodsons.com
Events Cord:	Steve Bishop	Stickem27@hotmail.com

A Message from the Editor

Norfolk, VA – First, I want to thank all of you who visited, called, send cards and flowers while I recovered from my recent surgery, your prayers gave me strength. I am progressing extremely well.

I plan on getting back on the water ASAP inshore and offshore when I get approval from my surgeon.

Right now fishing is as good as it gets; Inshore catches of flounder, cobia, king mackerel, sheep, stripers, big spot and so many others. Offshore it's yellowfin tuna, wahoo, mahi, marlin and more. The options are almost limitless, get out, partake and enjoy life while the weather is great.

At our October meeting you'll get to meet and hear the tales of Kayaking by Kayak Kevin Whitley. Kevin is one of the regions premier Kayak fishermen who's had spectacular catches and experiences while fishing from his Kayak. **He even had a big shark attack his boat** on one of his adventures, but I'll let him tell that story. Come to the meeting and enjoy his stories and learn from his experiences.

KAYAK KEVIN WHITLEY

BIOGRAPHY

Kayak Kevin began his water adventures as a two-year old fishing the Chesapeake Bay with his dad and grandfather. At age 4, Kevin asked his mom for a map of the United States. Too excited to wait for his mom to give him a map, Kevin made his own by cutting out individual states and gluing them together until he could see the entire coastline. As soon as he was big enough to hold a paddle, Kevin and his father paddled a canoe down a section of the James River every year. At age 14, Kevin was the youngest person to white water raft down the Ottawa River at that time. After a fifteen year journey as a guitarist/musician, Kevin remembered the map he made when he was 4, and the paddling and fishing adventures with his dad on local waters. His wanderlust returned to the water.

In 2002, Kevin began training for longer adventures that would require extreme discipline, navigational skills and a true love of camping – in any weather, on desolate beaches, every night after paddling 12-20 miles a day. By September 11, 2005, Kevin accomplished an extraordinary kayak fishing goal by completing a 1,800 mile journey from the Gulf Coast of Florida to Chesapeake Bay, Virginia. He paddled alone; in a sit-on-top kayak he affectionately named "Livin the Dream."

Kayak Kevin is an expert at Kayak fishing the Hampton Roads Bridge Tunnel (HRBT). He considers it his home fishing spot. The main attraction at the HRBT is sight casting to Stripers in the light line. Kevin is a member of the Virginia Game Fish Tagging Program for which he has tagged and released over 150 Flounder and 75 Red Drum, all in local waters, all caught using Berkley Gulp!

In addition to Kayak Kevin's paddling and fishing adventures, he is a full time employee of Taylor's Landing Marina in Norfolk, VA and is a member of the Board of Directors of the Tidewater Kayak Anglers Association. He is also a regular contributor to the "Fishing with Captain Reese" radio show, teaches instructional seminars on kayak fishing, gives presentations on kayak touring, has been featured in local print, radio and television media, and is an accomplished musician. Locally he is known as the "HRBT Bandit," and up the East Coast he is known simply as "Kayak Kevin."

MAJOR KAYAK FISHING AND TOURING ACCOMPLISHMENTS

- **500 miles:** In 2003, Kevin kayaked solo for 500 miles in five weeks, from the Georgia/Florida border to his home in Norfolk, Va.
- **200 miles:** In 2004, Kevin kayaked solo from Oregon Inlet, NC to Ocean City, MD; Two hundred miles including the 20 mile crossing of the Chesapeake Bay.
- **1,800 miles:** In 2005, Kayak Kevin paddled solo from Pensacola Florida to Norfolk, Va. That was a 1,800 mile kayak fishing odyssey which he completed in four and a half months, from May to September 11, 2005.

KAYAK FISHING AWARDS

- September 2006 – Coastal Conservation Association of Virginia Club Challenge, 1st Place, 10 Pound Sheepshead, caught from kayak.
- September 2006 – Coastal Conservation Association of Virginia Club Challenge, Member of Team Tidewater Kayak Anglers Association (TKAA) – 3rd Place overall.
- September 2006 - Virginia Saltwater Tournament: Citation Flounder (26 inches). Caught from kayak using Berkley Gulp! at Monitor and Merrimac Bridge.
- August 2006 - Virginia Saltwater Tournament: Citation Sheepshead (24 inches). Caught from kayak at First Island, Chesapeake Bay Bridge Tunnel.
- August 2006 - Virginia Saltwater Tournament: Citation Sheepshead (25 inches). Caught from kayak at First Island, Chesapeake Bay Bridge Tunnel.
- August 2006 – Virginia Saltwater Tournament: Citation Sheepshead (24 inches). Caught from kayak at First Island, Chesapeake Bay Bridge Tunnel.
- May 2006 – Virginia Saltwater Tournament: Citation Red Drum (47 inches). Caught from kayak at Eastern Shore.
- December 2005 – 1st Place Kayak Division, Toys for Tots Tournament, 7 ¾ inch Striper caught from kayak at Chesapeake Bay Bridge Tunnel.

INSTRUCTIONAL SEMINARS AND KAYAK TOURING PRESENTATIONS

- Sierra Club, "Kayak Touring: Florida Gulf Coast to Norfolk, Virginia," September, 2006.
- Portsmouth Anglers Club, "Kayak Fishing: Florida Gulf Coast to the Chesapeake Bay in Norfolk, Virginia," Winter, 2006.
- Coastal Conservation Association (CCA), "Kayak Touring: Florida Gulf Coast to Norfolk, Virginia," Winter, 2006.

- Tidewater Kayak Anglers Association (TKAA), "Kayak Fishing for Red Drum," April, 2006.
- Newport News Rotary Club, "Kayak Touring: Florida Gulf Coast to Norfolk, Virginia," May 2006.
- Tidewater Kayak Anglers Association (TKAA), "Kayak Fishing: Florida Gulf Coast to Norfolk, Virginia," September 2005.
- Tidewater Kayak Anglers Association (TKAA), "Instructional Seminar: Kayak Fishing for Stripers at the Light Line," 2005.
- Coastal Conservation Association (CCA), "Instructional Seminar: Kayak Fishing for Stripers at the Light Line," 2004.

KAYAK KEVIN MEDIA REPRESENTATION

- *Virginia Association of Broadcasters Award*: "Adventures of Kayak Kevin," Runner-up for Virginia in all market sizes. Submitted by Elise, WTAR.
- *The Virginian-Pilot*. "Norfolk man paddles 1,800 miles from Florida Panhandle." Morgan, Nicole. September 12, 2005.
- *The Virginian-Pilot*. "Fishing from a kayak involves using some innovative tactics." Tolliver, Lee. June 8, 2006.
- *WTAR*. "Fishing with Captain Reese." Every Saturday morning from 6:00am to 8:00am.
- *CBS/WTKR*: Sporting News TV Clip, "Kayak Fishing with Kayak Kevin."
- *The Sportsman Magazine*. "Kayak Kevin with a Citation Red Drum from the Eastern Shore." July, 2006.
- *The Sportsman Magazine*. "The HRBT Bandit Strikes Again. Kayak Kevin Picken' Fights from the Light Line." June, 2006.
- *The Sportsman Magazine*. "Kayak Kevin with a 22" Flounder, Part of an Inshore Slam which Included a 19" Speckled Trout and a 20" Red Drum, All Tagged and Released." May, 2006.



Homemade Teasers

By: Darryl Schmitt

I found this tip in Tide magazine a couple of years ago and gave it a try myself.

These teasers are to be attached to any lure of your choice that has a treble hook, and are fairly easy to make. First, visit the aquarium section of your local pet store and pick up a section of air filter tubing. Next, select two bottles of colored tail dip or worm dye. With a pair of scissors, cut off three inches of tubing and dip one-half in one color and the other half in the other. Let it dry for a few minutes. With a pair of split ring pliers, remove the back treble hook from your lure of choice. Cut a thin sliver of each color of tubing and then slide both over the shank of the treble hook. Use the pliers again to open the split rings and reattach the trebles. Below is a picture of the finished product.



What's Catchin

Inshore – Flounder, Striper, Red Drum, Spot, Croaker, Spadefish, Sheepshead, Cobia, Spanish Mackerel, King Mackerel, Bluefish and more.

Offshore - Yellowfin Tuna, Big Eye Tuna, Wahoo, Mahi, Blue Marlin, White Marlin, King Mackerel, Bluefish and more.

Deep Dropping – Sea Bass, Tilefish, Togs, Grouper and more.

Recent Catches

Report By: Dr. Ike Eisenhower:

Fished with Greg Chase, a friend who hasn't been on the water in over a year. The wind was still howling from the N-NW and we were hoping it would settle in time for the tide turnover so I could work on my sheep paper chase. It finally settled around 3:00pm enough to get to the 1st with out getting banged up.

We settled on the tube and proceeded to catch small 15-16" togs to keep us busy till the tide turned. Headed to the 2nd once the flood tide started moving and the wind died. At 4:00pm, we settled on the tube and put my line in with fiddler attached and WHAM, Big fish on, he fought that wonderful fight that sheep do making runs as soon as they get near the surface and finally get him in the net. FINALLY a sheep worthy of weighing. My scale said 12lbs but the Lighthouse Tackle said 11lb 12oz.

Also caught a tagged tog so now I get my Tagging Hat too. Great fishing, especially after the wind laid down. Looks like a lake in the background of the pic.



Louis Glaser and his wife Darleen, show off an impressive flounder catch.



Report By: Brian Hodson

Overnighter - Tom's Canyon - 8/9 September.

Cathy and I journeyed north to Point Pleasant, NJ last Thursday, to join two others (Tom and John) with Capt Doug Johnson on his private boat for an overnighter to the canyons. This is a trip we "won" in a charity auction a few months ago.

We met Doug at the boat on Thursday afternoon, and helped prep his 32 Blackfin Combi for the trip. Smooth ride in almost flat water until "overboard" in Tom's Canyon - about a 90nm run.

Get out an eight line spread - mostly plastic, with hoos on the flats. First fish is a nice longfin tuna that Cathy brings in, then a little skippy for me (kept for bait). Trolled that area for the rest of the afternoon, shagging grass. Finally pulled the spread in/up and settled next to a big board to bail mahi. Bailed too many, forgetting that we had to clean them later.

Quit bailing, cleaned up the pit, then had dinner before settling in for the night work. Flat seas and no wind let us drift - just like the 20+ boats we could see that night. Doug put out two lines for swords (150-foot and 300-feet), using squid for bait with a light stick above the bait and another light stick in the balloon. Then two other lines on weights, also with squid, about 70-90 feet down. We had started chunking with the butters, all cut up back at the dock on Thursday.

We get another longfin first, then the shallower sword bait goes off. Cathy has her standup gear on, so we get the rod in her gimbal and the harness on. But this fish is strong, and Cathy fights it for a while, but she can't get comfortable against the coaming pads and the line is too close to the swim platform, so I get harnessed up and we pass off to me. I settled in with the heavy Braid gear and started working this fish. Took a while, but finally Tom yells "color" and "sword" about the same time. Get him alongside, and before Doug could slow us down Tom had him gaffed and in the cockpit. Get the head off, the sword off (my trophy), and the meat in the cooler.

Rest of the night is quiet, until just before dawn. We had run out of butters, so switched to sardines.

John is tossing them off the port side and sees the big, dark, fast shapes coming in, grabbing a sardine, then quickly moving away. We quickly get out a couple of non-weighted rigs with sardine baits, and just as quickly we are hooked up. In the brief period before the bite stopped at dawn, we managed three nice YFT, the largest being a 65# that was mine on stand-up again.

Once the bite ended, we cleaned up and got on the troll again, headed slowly in towards the 100-fathom line. Nothing hit on the troll, so we pulled in the gear and decided to dry for some tiles in 600-feet. Dropped two lines and hooked up the first one right away. We learned why electric reels were invented as the first tile finally come up. A while later we get a second one, then decide to head in.



John Hamilton fishing aboard the Juggernaut caught his first ever Blue Marlin in the Norfolk Canyon. Pretty Work John.



Freshwater Report of Jimmy K on his son Noah K

Went to the lake with a few dozen large shiners, with his son Noah, he put the lines in the right spot and pulled in 2 very nice bass and catfish. WTG Noah!



Share your reports email them to Lucian Montagna @ lmontagnaj@aol.com

Tips of the Month

Offshore Fishing – Speed & Turns - You're working a school of fish/marks, they have been pushed down due to another boat driving right over them. Try trolling the edges, making a sharp turn so the inside baits can drop and the outside baits will speed up enticing the bite. We have put quite a few fish in the box this way.

Also don't be afraid to change your trolling speed, sometimes while tuna fishing we speed up to 8+ knots creating a little more whitewater behind the boat and baits, enticing the fish to come charging in. You can also try stopping the boat briefly allowing the baits to drop down the water column, putting the baits within view.

Inshore Fishing – Keep A Log – Striper season is upon us, keep a log of the bite, what time it turned on and off, what was the moon and what time was the

tide change. Use the log for your return trips. After repeated trips you can determine when the fish are likely to turn on any given day.

We need fishing tips every month, if you have a tip, please feel free to email Lucian Montagna at lmontagnaj@aol.com

Recipes

Pan seared tuna with ginger shiitake cream sauce:

6 tuna steaks, each about 1" thick
2 tablespoons peanut oil
3 tablespoons butter
1/3 cup thinly sliced green onions
1/4 cup chopped cilantro
2 tablespoons finely chopped peeled fresh ginger
4 garlic cloves, copped
8 ounces fresh shiitake mushrooms, stemmed, caps sliced
6 tablespoons soy sauce
1 1/2 cups whipping cream
3 tablespoons fresh lime juice
Lime wedges (optional)
Fresh cilantro sprigs (optional)

Preheat oven to 200 degrees. Sprinkle 1 side of tuna steaks with pepper. Heat 2 tablespoons oil in heavy large skillet over high heat. Place tuna steaks, pepper side down, in hot oil and sear 1 1/2 minutes. Turn tuna over and continue cooking to desired doneness, about 1 1/2 minutes for rare. Transfer tuna to rimmed baking sheet and keep warm in oven.

Add butter, sliced green onions, cilantro, ginger and chopped garlic to same skillet and sauté until fragrant, about 30 seconds. Mix in mushrooms and soy sauce and simmer 30 seconds. Add whipping cream and simmer until sauce lightly coats back of spoon, about 3 minutes. Stir in lime juice. Put tuna back into skillet and cover with mixture for 1 minute. Garnish with lime wedges and cilantro sprigs if desired.

Serves 6

Braised Soft-Shell Crabs with Tomatoes and Basil

Amount	Ingredient	Preparation Method
-----	-----	-----
1/2 cup	white flour	
1/8 teaspoon	cayenne pepper	
	Salt	
	White pepper or black pepper -- ground	
8 medium	soft shell crab -- cleaned	
1/2 cup	milk	
1/4 cup	olive oil	
2 tablespoons	butter	
1 medium	clove garlic -- minced	
2 medium	shallots -- minced	
1 cup	dry white wine	
1 tablespoon	lemon juice from 1/2 lemon	
16 ounces	(1can) Italian plum tomatoes, drained -- chopped coarse	
1/4 cup	fresh basil, loosely packed -- julienned	
	reserve 1 tablespoon for garnish	

TO PREPARE:

Clean the soft-shell crabs.

Mix first 2 ingredients plus 1 teaspoon salt, 1/4 teaspoon white pepper, and 1/4 teaspoon black pepper to make seasoned flour. Dip each soft-shell crab in the milk, then dredge in the seasoned flour.

TO COOK:

Heat 2 tablespoons oil in a large nonreactive skillet. Working in batches to avoid overcrowding and adding remaining 2 tablespoons oil as necessary, sauté soft-shell crabs, turning once, until golden brown, about 6 minutes. Remove crabs; cover and keep them warm. Discard pan drippings.

Heat 1 tablespoon butter in the now empty skillet. Add garlic and shallots; sauté until fragrant, about 1 minute. Add wine and lemon juice; simmer until liquid reduces to 1/2 cup, about 4 minutes. Add tomatoes and basil; bring to simmer. Return soft-shell crabs to the skillet; cover and simmer to blend flavors, about 6 minutes. Remove from heat, swirl in remaining 1 tablespoon butter; season with 1/4 teaspoon salt and 1/4 teaspoon black pepper or to taste.

TO SERVE:

Transfer 2 soft-shell crabs and a portion of the sauce to each warm dinner plate. Garnish with reserved basil and serve immediately.

NOTES : Sautéed crabs in a lightly-cooked tomato sauce accented with lemon and white wine.

We will need recipes every month, if you have a recipe you really like, please feel free and share, by emailing Lucian Montagna at lmontagnaj@aol.com

NAC T-Shirts



T-Shirts, Hooded Sweatshirts, Visors & Hats
Can be purchased by contacting Darryl Schmitt, a supply will be available at
the meetings.

Picture of the Month



Cool Links

Norfolk Anglers Club - <http://www.norfolkanglersclub.com/>

NAC Bylaws -

<http://www.norfolkanglersclub.com/bylaws/Norfolk%20Anglers%20Club%20ByLaws.pdf>

CCA Virginia - <http://www.ccavirginia.org/>

Bloodydecks.com - <http://www.bloodydecks.com/>

Tidalfish.com - <http://www.tidalfish.com/boards2/>

Hot Spots Water Temp Charts - <http://sstcharts.com/>

NOAA Marine Forecast - <http://www.erh.noaa.gov/er/akq/>

Weather Underground - <http://www.weatherunderground.com/>

How To Sharpen Hooks -

http://sites.state.pa.us/PA_Exec/Fish_Boat/education/catalog/hooksharpening.pdf

Rutgers Sea Surface Temps -

http://marine.rutgers.edu/mrs/sat_data/?product=sst¬humbs=0

Tidal Charts -

<http://tbone.biol.sc.edu/tide/tideshow.cgi?site=Chesapeake+Bay+Entrance%2C+Virginia+Current+%282%29>

Fuel Tax Refund Forms - <http://www.dmv.state.va.us/webdoc/pdf/fms216.pdf>

Fishing Knots - <http://www.thejump.net/fishing-knots/fishing-knots.htm>

Fishing Knots - <http://www.animatedknots.com/>

Coast Guard Auxiliary - <http://nws.cgaux.org/index.html>

Search Fish Base - <http://www.fishbase.org/search.php?lang=English>

Cheapest Gas & Diesel Prices - <http://www.virginiabeachgasprices.com/index.aspx>

Prayers Needed

Dr. Ike's wife Kathy is progressing very well considering what she's been through. Please pray for her continued recovery of the use of her arm.

You can check on her progress at the following website www.carepages.com , sign up and log in to Katscare and it'll give you an update on her condition.

If you know of any members who are in need of prayers, please send their names to lmontagnaj@aol.com and I will add them to the list.
